



Inspiring Women of the Forest



Take a look at the top career tips from some of the Forest of Dean's inspiring women!

Heather Graham,
Animal Collection
Manager at Hartpury
Uni & College

'Think about what you can gain from a job beyond money, such as new skills or qualifications. How can it get you to where you want to be?'

Laura Hurcombe,
Head of UK Manufacturing
at SPP Pumps

'Give it a go! You don't know you can do something until you've done it'

Jess Shackell,
Contracts Manager at
Two Rivers Housing

'Aim high and work to your strengths. If you don't have the strengths, build them'

Hayley Selway,
CEO of Two Rivers
Housing

'Put yourself forward for as many opportunities as you can, the money will follow. Be the person that can deliver and does the right thing'

Emily Crawley,
co-Director at Grazing
Management

'Don't put too much pressure on a job being the perfect one. You'll find what you love but you may have to work through some options first'

Lauren Greening,
Youth Development
Projects Manager at FVAF

'Take all the opportunities that you can because you never know where they might lead.'

Kate Bowman-Openshaw,
Owner of Branches Out Forest School

'There's so many different ways you can create a business, make money, and make your passions work. Don't worry about anyone else's expectations. Find your passions, channel your energy into them, and work hard.'

Khady Gueye,
Director of Communities &
Place at The Music Works

'Don't put pressure on yourself to have it all figured out. Give yourself the space to work out what you want to do and you will find your niche.'

Anna McLoughlin,
Goldsmith & Jeweller

'Do what you really love and you'll find a way to make that your career'

Molly Osborne,
Contact Centre Team Leader at
Two Rivers Housing

'You don't have to go to uni to do well. Do what is right for you, not what everyone else is doing. There's loads of opportunities that don't require a degree'

Nicola Mooney,
Headteacher at Forest
High School

'You learn more from the hard times than the easy times, reflect on challenges and how you will do things differently next time'

Natalie King,
Managing Director &
Principal at AccXel

'Ask loads of questions, you don't know what you don't know.'

April Booker,
Careers Lead at
Forest High School

'Work hard now rather than having to repeat subjects later. Never give up on what you want to achieve'

Nix Barnaville & Jo York,
Owners of Court Farm
Lakes

'Go out and get lots of different work experience, you don't have to decide what you want to be right now. You never regret what you did, just what you didn't do'

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